

## BSC SUMMER PROGRAM

July 2nd, 2019 - August 16th, 2019

### SCHEDULE

ON ICE (Monday)	ON ICE (Tuesday to Thursday)	OFF ICE (Monday to Thursday)	ON ICE (Friday)
9:00 - 9:15 <b>STARComp/COMP (A and B)</b> Spins	9:00 - 9:15 <b>STARComp/COMP (A and B)</b> Spins	8:30 - 8:50 <b>STARComp/COMP (A and B)</b> Warm up & Jumps	9:00 - 9:45 <b>STAR 4 to GOLD (A and B)</b> FS
9:15 - 10:00 <b>STARComp/COMP (A and B)</b> Group	9:15 - 10:00 <b>STARComp/COMP (A and B)</b> FS		9:45 - 10:15 <b>STAR 4 to GOLD (A and B)</b> Group
10:00 - 10:10 Flood	10:00 - 10:10 Flood		10:15 - 10:30 Flood
10:10 - 10:55 <b>STARComp/COMP (A and B)</b> FS	10:10 - 10:55 <b>STARComp/COMP (A and B)</b> FS		10:30 - 11:15 <b>STAR 4 to GOLD (A and B)</b> Theatre
10:55 - 11:10 <b>STARComp/COMP (A and B)</b> Group	10:55 - 11:10 <b>STARComp/Comp (A and B)</b> Group	10:55 - 11:10 <b>STAR 4 to GOLD (A)</b> Warm up & Jumps	11:15 - 11:45 <b>STARComp/COMP (A and B)</b> Group
11:10 - 11:20 Flood	11:10 - 11:20 Flood		11:45 - 12:30 <b>STARComp/COMP (A and B)</b> FS
11:20 - 11:30 <b>STAR 4 to GOLD (A)</b> Spins	11:20 - 11:30 <b>STAR 4 to GOLD (A)</b> Spins		12:30 - 12:45 Flood
11:30 - 12:15 <b>STAR 4 to GOLD (A)</b> FS	11:30 - 12:15 <b>STAR 4 to GOLD (A)</b> FS	12:00 - 12:45 <b>STARComp/COMP (A and B)</b>	12:45 - 1:30 <b>STARComp/COMP (A and B)</b> FS
12:15 - 12:30 Flood	12:15 - 12:30 Flood		
12:30 - 12:40 <b>STAR 4 to GOLD (A and B)</b> Stroking	12:30 - 12:40 <b>STAR 4 to GOLD (A and B)</b> Stroking		
12:40 - 12:50 <b>STAR 4 to GOLD (A and B)</b> Skills	12:40 - 12:50 <b>STAR 4 to GOLD (A and B)</b> Skills		
12:50 - 1:00 <b>STAR 4 to GOLD (A and B)</b> Dance	12:50 - 1:00 <b>STAR 4 to GOLD (A and B)</b> Dance		
1:00 - 1:45 <b>STARComp/COMP (A )</b> FS	1:00 - 1:45 <b>STARComp/COMP (A )</b> FS	1:10 - 1:50 <b>STAR 4 to GOLD (A and B)</b>	
1:45 - 2:00 Flood	1:45 - 2:00 Flood	1:50 - 2:15 <b>STARComp/COMP (A )</b> Cool down	
2:00 - 2:45 <b>STAR 4 to GOLD (A and B)</b> FS	2:00 - 2:45 <b>STAR 4 to GOLD (A and B)</b> FS	2:00 - 2:30 <b>STAR 1 &amp; STAR 2/3</b>	
2:45 - 3:45 <b>STAR 1</b> (weeks 2 to 5)	2:45 - 3:45 <b>STAR 1</b> (weeks 2 to 5)		Week 1 July 2 - 5 (4 days)
2:45 - 2:55 <b>STAR 2/3</b> Skills	2:45 - 2:55 <b>STAR 2/3</b> Skills		Week 2 July 8 - 12
2:55 - 3:05 <b>STAR 2/3</b> Dance	2:55 - 3:05 <b>STAR 2/3</b> Dance		Week 3 July 15 - 19
3:05 - 3:15 <b>STAR 2/3</b> Stroking	3:05 - 3:15 <b>STAR 2/3</b> Stroking		Week 4 July 22 - 26 (Competition Week)
3:15 - 4:00 <b>STAR 2/3</b> Freeskate	3:15 - 4:00 <b>STAR 2/3</b> Freeskate		Week 5 July 29 - Aug 2
			Week 6 Aug 5 - Aug 9 (Competition Week)
			Week 7 Aug 12 - Aug 16 (Competition Week)
	6:10 - 7:00 <b>CANSKATE</b> (Tues & Thurs - weeks 2 to 5)		
	7:00 - 8:00 <b>OPEN OVER 13</b> (Tues/Thurs - weeks 2 to 5)		

Simulations: Wednesdays Pad #3, 3:00 - 4:00 pm, Weeks 2,3,4,5,6,7